



**MANLY MASTERS
SWIMMING CLUB**
BRANCH POINTSCORE MEET



- DATE** Sunday 19 August 2012
- TIME** 11:00 am warm up to 11:35. Start 11:40 am
- VENUE** Abbotsleigh School, Pacific Highway, Wahroonga (entry off Ada Ave)
8 lane, survey registered, 25 metre heated indoor pool with anti-wave lane ropes; warm-up/swim-down facility
- PROGRAM**
- | | |
|------------------------|---------------------------|
| 1. Choice of one only: | 5. 50m Freestyle |
| a) 200m Backstroke | 6. 100m Individual Medley |
| b) 200m Breaststroke | 7. 4 x 50m Medley relay |
| c) 100m Butterfly | a) Women |
| d) 100m Freestyle | b) Men |
| 2. 50m Backstroke | c) Mixed |
| 3. 50m Breaststroke | |
| 4. 50m Butterfly | |
- PLEASE NOTE**
- Swimmers may enter up to 3 individual events and 1 relay swim
 - 45 parking spots available in the grounds, otherwise park on the street
 - No smoking in the school grounds
 - **Caps must be worn in the pool – no exceptions**
- ENTRY FEE** \$20 includes pool entry
- ENTRIES** Swimmers should submit entries to your club Race Secretary
Race Secretaries to send club entries & payment to be received by closing date as 'Team Manager' export file, or manual entry on the official summary sheet. Cheques made payable to Manly Masters Swimming Club Inc. Direct deposit to BSB 112-879 account 067360414
email address: meetrecorder@manly-masters-swimming.org.au
*postal address Meet Recorder, Manly Masters Swimming Club
PO Box 560
Freshwater NSW 2096*
- CLOSING DATE** Friday 3rd August 2012 for all entries and payments
- TIMEKEEPING** Timekeepers required. Please prepare rosters and bring stopwatches.
- PRESENTATION** ... and refreshments at the poolside at the end of the meet
- AWARDS** Trophy for the top point-scoring visiting club
Trophy for the club with the highest average points per swimmer (min. 4)
- ENQUIRIES** Karen: 0438 201 261 or Meet Recorder above.
- FINE PRINT** This meet is open to Masters Swimming members only.
No late entries. Non-point scoring entries will not be accepted.
Warm-up will be conducted in accordance with MSNSW safety procedures.
Masters Swimming NSW Sunsmart and No Smoking Policy will apply.

Sanction Number
N2012/08ML