



# Masters Swimming NSW Short Course Championships 2012



Sanction no N2012/SC1

## Peninsular Leisure Centre

243 Blackwall Rd, Woy Woy  
(surveyed pool 25m)

### 20-21 October 2012

Saturday 20 October Warm up 9:00–9:45 am Start 10:00 am	Sunday 21 October Warm up 8:30–9:15 am Start 9:30 am
<i>Warm up will be conducted in accordance with safety procedures. Please observe safety signs.</i>	
1 200m Breaststroke 2 100m Freestyle 3 50m Backstroke 4 200m Individual Medley 5 50m Breaststroke 6 100m Butterfly 7 200m Backstroke 8 4x50m Women's Freestyle Relay 9 4x50m Men's Freestyle Relay 10 4x50m Mixed Medley Relay	11 200m Butterfly 12 100m Breaststroke 13 50m Freestyle 14 100m Individual Medley 15 50m Butterfly 16 100m Backstroke 17 200m Freestyle 18 4x50m Mixed Freestyle Relay 19 4x50m Women's Medley Relay 20 4x50m Men's Medley Relay

**Maximum of five (5) individual swims and  
four (4) relay swims per swimmer**

**Cost:** Registration fee: \$20 per swimmer *plus*  
Swim fee: \$3 per individual event  
Relay team fee: \$10 per team  
*Pool entry not included, please pay at gate. Two day pass available.*

**Closing date:** All entries Wednesday 03 October 2012.

*IF late entries are accepted, they will attract a LATE FEE of \$100!*

Supported by:



## Entries

- Swimmers' entries should be submitted to their club race secretary.
- Race secretaries must submit their club's entries **with payment** (for individual swims and relay teams) by 03 October 2012. If Team Manager is used, an export file of entries should be sent electronically to [recorder@mastersswimmingnsw.org.au](mailto:recorder@mastersswimmingnsw.org.au) and a printout sent to the Branch Office (address below) **with payment** by 03 October 2012 OR manual entries submitted on the official summary sheet and sent to the Branch office (address below) **with payment** by 03 October 2012.  
  
Funds may be submitted electronically to the **Masters Swimming NSW** account:  
A/C #: **1979 94001**  
BSB: **012 129**  
Please add your **club code** and send details of the receipt or **notification of payment** to the Branch office by 03 October 2012.
- Swimmers must be a Masters Swimming member at the final closing date for entries (03 October 2012).
- Swimmers' ages will be calculated as at 31 December 2012.

## Relays

- The total number of relay teams **MUST** be nominated together with the club's individual entries by the closing date (03 October 2012) and be accompanied by payment.  
**Entries will not be accepted on the day.**
- Team details, including the age group, swimmers' details, and event number are to be submitted on the day on the Branch Relay Entry Sheet.
- Cut-off times for teams to be submitted will be announced during the meet.
- To be eligible to swim in a relay, a swimmer must have **entered** at least one individual event.
- There is no limit on the number of teams that a club may enter in any age group. All teams may score points.

## Lunch

- A lunch break will be held each day, if time allows. Details will be announced.

## Awards

### CLUB

- Trophies to the club with the highest point score in each division.
- Harry Fowler Memorial Trophy for the outstanding performance by a relay team with a combined age of 200 years or over (i.e. the team which swims the best time relative to the world and national records).
- Gordon Cozins Memorial Trophy for the club scoring the highest total points in relays.
- Des McCormick Memorial Trophy for the club with the highest average point score per swimmer (minimum of 10 competitors).

### INDIVIDUAL

- Vorgee Male & Female Swimmer of the Meet.
- Medals to 1st, 2nd and 3rd placegetters in each individual event in each age group for NSW members. Visitors are also eligible for medals.
- Medals to each member of the winning relay team in each age group of each event.
- Aggregate age group winners will be announced.

## Warm-up facilities

- Warm-up and swim-down facilities will be available throughout the meet.

## Timekeeping

- Clubs are requested to bring stopwatches and prepare a roster as all swimmers are expected to assist with timekeeping.

## Rules

- These Championships will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date of entries (03 October 2012).

### To contact Masters Swimming NSW

Phone: 02 8116 9716 Fax: 02 8732 1606

Email: [admin@mastersswimmingnsw.org.au](mailto:admin@mastersswimmingnsw.org.au)

Internet: [www.mastersswimmingnsw.org.au](http://www.mastersswimmingnsw.org.au)

Deliver to: Ground Floor, Sports House, 6A Figtree Drive SYDNEY OLYMPIC PARK NSW 2127 Or

Post to: PO Box 6941 SILVERWATER NSW 2128